

## How Can We Become Coaches?

Most coaches can easily learn the listening and coaching skills needed to be effective. Materials are available that enable coaches to help others learn and grow at their own pace. Coaches simply facilitate the process. Couples complete the training before deciding whether they want to coach others.

Requirements include:

- A strong desire to save marriages
- Currently in a healthy and mutually satisfying marriage
- Committed to helping other couples improve their marriage relationship
- Open to sharing your experiences
- Able to complete 24 hours of training
- Pastor recommendation



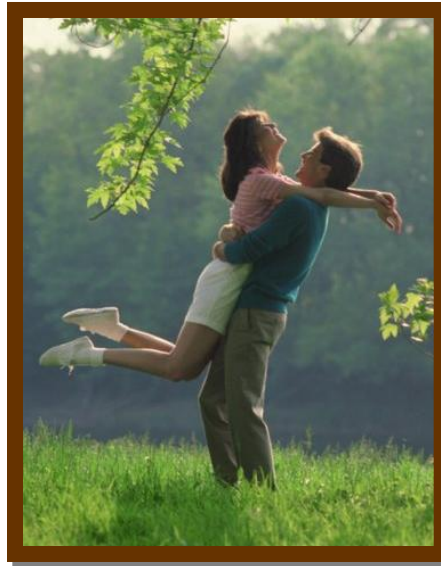
Couples are waiting for your coaching.

## What Coaches Say About Training

*"The training emphasized every important topic and provided extremely helpful tools. It's the best material I have been exposed to—even better than classes I took in seminary."*

*"It zeroed in on our own personal problems. We received more in that short time than we did from several weeks with a professional counselor."*

*"The best 2 weekends of our 40-yr marriage."*



*Begin your winning marriage today.  
Call now!*



### MarriageTeam

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*You Deserve a  
Winning  
Marriage!!*



*We can Help.*

**MARRIAGETEAM**

*Empowering Couples for Winning Marriages*

## What is MarriageTeam?

MarriageTeam is a 501 (c) (3) nonprofit providing coaching and support for:

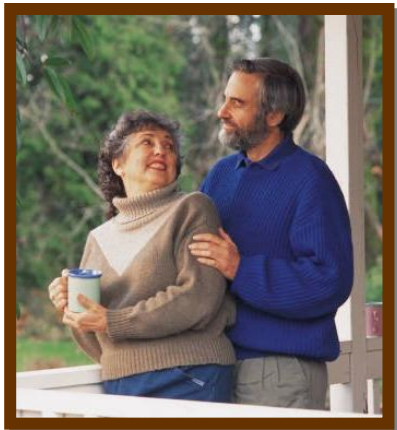
- Seriously dating or engaged couples
- Couples wanting more from marriage
- Marriages experiencing difficulties

## Who are the Coaches?

- Trained couples with healthy marriages who care deeply about helping others and reducing divorce
- Marriage educators & facilitators for change
- Coaches complete 24 hours of training and use proven materials

## How Does Coaching Work?

- Interested couples contact MarriageTeam (call 360.450.6042)
- Staff explains the program and matches the couple with a coach couple
- The coaching process is designed for 6 to-12 weekly, 2-3-hour sessions
- Coaching involves skill building and outside practice is required
- Distressed couples who complete the program report a 180% improvement



## Planning Your Marriage

Couples complete a survey, review the results with the coaches and complete skill building exercises addressing the following topics:

- Marriage Expectations
- Communication Skills
- Problem Solving
- Extended Family Issues
- Financial Issues and more



## Enriching Your Marriage

Couples complete a survey. Sessions include a series of skill building exercises and practice that addresses the following topics:

- Improved Communication Skills
- Conflict Resolution Styles
- Problem Solving
- Intimacy
- Commitment and more

## Renewing Your Marriage

Individuals come to marriage with an old family play book and never create new plays with their new teammate. Coaches lead couples through skill building materials to help the couple create unique team plays that will work for them. New plays include:

- Communication Skills
- Conflict Resolution Agreements
- Problem Solving
- Anger Processing
- Bitterness and Forgiveness
- Other topics specific to the couple



## What Couples Say About Coaching

*"We'd been in counseling for a year and a half and were still on the brink of divorce. I didn't expect anything to change, but felt obligated to try because the coaches really cared. Coaching saved our marriage."*

*"I am no longer angry. I feel loved again. We are intimate again."*

*We had been to five different counselors prior to MarriageTeam in an effort to get our marriage on track. MarriageTeam coaching has already proven far more successful than our five previous experiences. After only three sessions, we are encouraged that this truly is the right path to a healthy and happy marriage. We both see the opportunity for a great marriage and look forward to life's challenges... together as a team! THANK YOU!*

*"I had three divorces and five abandoned children. After two years in my current marriage, God brought us MarriageTeam. The coaches have shown me what communication is and how it is necessary on a team. A TEAM MARRIAGE – WHAT A CONCEPT! My thanks and undying love go to our coaches"*